

<p>Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence. —Helen Keller</p>	<p>Stay positive and happy. Work hard and don't give up hope. Be open to criticism and keep learning. Surround yourself with happy, warm and genuine people. —Tena Desae</p>
<p>THERE WAS NEVER A NIGHT OR A PROBLEM THAT COULD DEFEAT SUNRISE OR HOPE —BERNARD WILLIAMS</p>	<p>Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning. —Albert Einstein</p>
<p>Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us. —Samuel Smiles</p>	<p>Few things in the world are more powerful than a positive push. A smile. A world of optimism and hope. A "you can do it" when things are tough. —Richard M. DeVos</p>
<p>You may not always have a comfortable life and you will not always be able to solve all of the world's problems at once but don't ever underestimate the importance you can have because history has shown us that courage can be contagious and hope can take on a life of its own. —Michelle Obama</p>	<p>Let your hopes, not your hurts, shape your future. — Robert H. Schuller</p>
<p><i>I find hope in the darkest of days, and focus in the brightest. I do not judge the universe.</i> —Dalai Lama</p>	<p>HE WHO HAS HEALTH, HAS HOPE; AND HE WHO HAS HOPE, HAS EVERYTHING. —THOMAS CARLYLE</p>
<p>A little more persistence, a little more effort, and what seemed hopeless failure may turn into glorious success. —Elbert Hubbard</p>	<p>When we meet real tragedy in life, we can react in two ways — either by losing hope and falling into self-destructive habits, or by using the challenge to find our inner strength. —Dalai Lama</p>
<p>Darkness comes. In the middle of it, the future looks blank. The temptation to quit is huge. Don't. You are in good company... You will argue with yourself that there is no way forward. But with God, nothing is impossible. He has more ropes and ladders and tunnels out of pits than you can conceive. Wait. Pray without ceasing. Hope. —John Piper</p>	<p><i>What give me the most hope every day is God's grace; knowing that his grace is going to give me the strength for whatever I face, knowing that nothing is a surprise to God.</i> —Rick Warren</p>